

10 Commandments of Dating

5th Commandment- Thou shalt set clear boundaries

Key Verse- **II. Timothy 2:22**

I. Importance of boundaries

- A. Without boundaries, people will WALK over you
- B. We will always go as far as our boundaries allow
 - *boundaries must be made BEFORE the relationship begins
- C. God commands us to GUARD our bodies (**I Corin. 6:18-20**)

II. How to keep your boundaries (**II Timothy 2:22; Philippians 4:5-8**)

- A. FLEE the things that tempt you (II. Tim. 2:22)
 - *Ask yourself, what places, situations tempt me to do wrong?
- B. Let your boundaries be KNOWN (vs. 5)
 - wearing a purity ring
- C. PRAY for God's power to guard your heart (vs. 6-7)
- D. Don't THINK about unpure things (vs. 8)

Illustration:

Tell students that the winner of the game will receive the candy bar you are holding. Play "Hot Potato" with the UNWRAPPED candy bar. At the end, the winner doesn't want the candy bar. Key point...there may be some in this room that will still eat the candy bar, but the person it was intended for no longer is interested. When we "pass ourselves around", we may not receive God's best. *Point out that there are still those who would happily take the candy bar.

III. Benefits of keeping this commandment

- A. You will not have regrets of "going too far" or "giving too much"
- B. You will have more to offer your mate
- C. You will be able to focus on other areas of your relationship